



# HYPERTENSION SUMMIT 2018

25<sup>th</sup> May 2018, Chennai, India.

"Hypertension Summit" was held at Chennai, Tamil Nadu, India. It was organized by CME Foundation of India.

The CME was designed to get all the Cardiologists and General Physician on one platform for exchanging their views and sharing their clinical experiences with others about management of Hypertension and its complications. Well known Cardiologists and General Physician were invited to share their knowledge and Experience.

The Introductory speech was given by CME Foundation of India. He emphasized the main role played by CME Foundation of India and how important it is to spread the knowledge known to select few to the practicing Doctors at large.

**Date** : **25th May 2018.**

**Venue** : **Chennai, Tamil Nadu.**

**Total Participants** : **54**

# Hypertension Summit 2018

EXPERT

International Speaker\*\*



Dr Raymond R. Townsend, MD

Eminent Chairperons



Dr Jayashree Gopal  
Endocrinologist



Dr M Edwin Fernando  
Nephrologist



Dr J Ezhilan  
Cardiologist

Eminent Speaker\*



Dr Dhamodaran K  
Cardiologist

# Hypertension Summit 2018

## Topics

- **Current Challenges for Hypertension management in India.**
- **Stringent BP goal and changing therapy: Impact of 2017 ACC/AHA hypertension guidelines.**

## Summary of CME

- The CME was conducted at Chennai, Tamil Nadu, India. It was aimed to bring together the well-known Cardiologists and General Physician across India in order to discuss management of hypertension and its complication.
- In this CME, different topic related hypertension such as Current Challenges for Hypertension management in India, Stringent BP goal and changing therapy: Impact of 2017 ACC/AHA hypertension guidelines were discussed in this event.
- Different cases were explained to the audience and the whole case was open for discussion. Audience actively participated in the discussion regarding complication of hypertension and its management. It was a very interactive session and the delegates thoroughly enjoyed it.
- Participants were keen to share their experience and knowledge and they also provided their critiques and recommendations on the event.

Below mention topics where mainly discussed in detailed in the summit –

### **2017 ACC/AHA hypertension management guidelines:**

- a) General recommendations
- b) BP goal and its relevance with Indian patients
- c) Comorbidities and BP goal
- d) Ideal Antihypertensive for Indian patients
- e) Suitable First line antihypertensive for Asian/ Indian patient

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## SNAPSHOTS

